

**Healing Pathway** is an experiential spiritual practice that supports well-being by promoting energetic alignment to all aspects of our being – physical, emotional, mental and spiritual. Programs are supported locally by the Victoria Healing Pathway Community and nationally by the Healing Pathway Society.

**Victoria Healing Pathway Community** supports and assists programs by providing opportunities for training, education, personal growth, and connection to a healing community. For further information about us and our events:

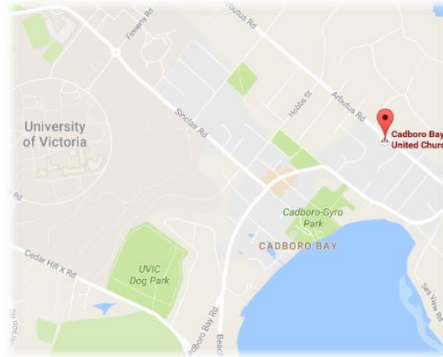
Visit: [hpvictoria.wordpress.com](http://hpvictoria.wordpress.com)  
Contact: [victoriapathway@gmail.com](mailto:victoriapathway@gmail.com)



**Healing Pathway Society** is the national governing body of all healing pathway communities in Canada. The Society oversees the curriculum, code of ethics, and standards for all healing pathway practitioners and instructors.

Visit: [healingpathway.ca](http://healingpathway.ca)

## Location



# Healing Pathway Phase 1 Workshop

Sponsored by:  
*Victoria Healing Pathway*

**Cadboro Bay United Church**  
2625 Arbutus Road  
Victoria, BC V8N 1W4

Located on BC Transit Route

11

Plenty of free parking  
Handicap accessible

**Jan 18<sup>th</sup>, 19<sup>th</sup>, and 20<sup>th</sup>**

Fri: 6:00-9:00pm

Sat:

9:00am-5:00pm

Sun: 1:00-5:00pm

Share a weekend with:





**Ross White & Jannice Foreman**

## The Invitation:

Life is busy and at times things can feel overwhelming. Are you looking for a place of calm in the storm? Come and be in a safe, quiet place as you learn about and explore energy in new ways. Leave feeling empowered to support yourself and others in the challenges of everyday life.

Join us in experiencing self-care techniques that focus on energy healing as a spiritual practice grounded in Christianity but present in all the wisdom teachings.

At this experiential workshop you will:

-  Connect into, and experience heart-centered energy
-  Share and receive energy treatments
-  Learn specific self-care practices: centering, grounding, and meditation.
-  Be part of a supportive and caring healing community.

### What past participants shared:

“Healing Pathway is a spiritual practice . . . a healing balm in my life.”

“I am connected in body, mind & spirit”

“I know what it is to be fully present to the moment, others & universal power.”

## Instructors:

Come, be inspired, and immerse yourself in a workshop course with two amazing heart centered facilitators – Ross White and Jannice Foreman. Together they offer years of wisdom and healing experience. Share in their passion for this transformative practice.

### Ross White

Ross White DM, former minister at Cadboro Bay United, has long been involved in congregational healing ministries and teaching Healing Pathway courses. His style is marked by enthusiasm and humour. He bases his approach on a broad respect for all persons and wonder for all parts of creation. He loves the learning environment, especially experiential ones because they are participatory, and he gets to learn too. Ross looks forward to his return to Cadboro Bay and the chance to teach this Introduction to healing energy and spiritual growth alongside gifted co-leader, Jannice Foreman.

### Jannice Foreman

Jannice has been a practitioner in the Healing Pathway since 2004. She was involved in the formation and facilitation of the Healing Ministry at Pilgrim United and was also involved in the formation of Victoria Healing Pathway creating support for the broader Pathway community through workshops and retreats. Pathway work is an integral part of her life, and she has a profound sense of gratitude for how it has impacted her life. Jannice is a member of the Healing Pathway Group at Cadboro Bay United Church.

## Registration Information:

Name: \_\_\_\_\_

Email: \_\_\_\_\_

Phone: \_\_\_\_\_

## Fees

- Early bird - \$210 by Dec 15th
- Full fee - \$225 after Dec 15th
- Repeater fee - \$105

## No prerequisites required

Limited subsidies available.

Cheque made payable to:  
Cadboro Bay United Church

Mail registration and payment to:

**Victoria Healing Pathway**  
4207 Belvedere Road,  
Victoria, BC V8X 2M9

Inquires:

victoriapathway@gmail.com