

Healing Pathway is an experiential, spiritual and healing practice that supports well-being and resilience by promoting energetic alignment to all aspects of our being – physical, emotional, mental and spiritual. .

West Island Healing Pathway is governed by Healing Pathway Society of Canada, a national council that oversees all Canadian Healing Pathway activities.

This first-level course introduces participants to the basic concepts of heart centred, hands-on healing within the Christian tradition.

Participants learn and practise specific healing sequences, elements of self-care, and how to centre themselves through prayer and meditation. The application of a healing ministry within a congregation or faith community is also discussed.

We can learn to tap into Universal or Divine Energy and use it to heal. We can learn to be more connected to Universal energy, more grounded and more centred, creating more resiliency for ourselves and others.

All of this helps both in healing what already needs to heal in our bodies, and keeps us healthy in body, mind and Spirit.

WORKSHOP LOCATION

Cedar Park United Church
204 Lakeview Avenue
Pointe-Claire, QC H9S 4C5

INFORMATION

cpu.healingpathway@gmail.com
<https://cedarparkunited.org/caring-ministries/#healingpathway>

For questions about registration, please contact Isabelle:

514-993-1674



HEALING PATHWAY TRAINING



Phase 1 Workshop

An introduction to energy healing

April 4-5, 2025

9:00 am – 5:00 pm

West Island Healing Pathway
204 Lakeview Ave, Pointe-Claire, QC



Hosted by
**West Island
Healing Pathway**

cpu.healingpathway@gmail.com

Meet the instructors

Sharon Moon, a retired United Church minister has cultivated Healing Pathway ministries in Ottawa and Montreal. Many are familiar with her guided meditation CDs and books. Sharon loves to accompany people working to integrate and heal body, spirit, mind and soul. Sharon participates and mentors in the Healing Pathway ministry at First United Ottawa, and has been teaching nationally since 2011.

Cathy Murphy, retired after 35 years+ in social services and child welfare, has been involved with Healing Pathway since 2010. Cathy is now enthusiastically sharing this work as an Instructor, and looks forward to sharing energy work with you! She is active in the Healing Pathway practice and pastoral care team at Barrhaven United Church in Ottawa, ON.

Preparing for the workshop

Food - Beverage and snacks will be provided. Please bring a lunch.

What to wear - Loose, comfortable layered clothing

What to bring - A water bottle and note taking materials. A workbook will be provided and is included in the workshop fees.

REGISTRATION

Online:



Or send this form and payment to:
West Island Healing Pathway
4, av. Westwood, Pte-Claire H9S 4Y5

*** Limited spots confirmed upon payment. ***

(First name)

(Family name)

(Phone)

(Email)

\$.00

(Amount enclosed)

Cheque e-transfer

How did you hear about the event?

Cost per participant

First-time participant (Paid by Mar. 20, 2025)	\$250
First-time participant (Paid after Mar. 20, 2025)	\$275
Repeat participant	\$150

Payment Instructions

Cheque to: Cedar Park United Church

E-transfer & payment info:

<https://tinyurl.com/HPphase1reg>

HEALING PATHWAY



**A transformational
spiritual practice**



Healing Pathway promotes **self-care** and assists in restoring **wholeness, balance, and harmony** at all levels of being – physically, emotionally, mentally, and spiritually, through **grounding techniques, meditation**, and a series of **healing sequences**.

Receivers experience healing when an intention is set and there is a **connection to the Divine**. The foundation of the program lies in the tradition of healing within the Christian faith but is **open to people of all faiths and spiritual paths**.

WEST ISLAND HEALING PATHWAY

**Join our community of
wellness practitioners**

Sign up now!