

Healing Pathway is an experiential spiritual and healing practice that supports well-being and resilience by promoting energetic alignment to all aspects of our being – physical, emotional, mental and spiritual. Programs are supported locally and nationally by the Healing Pathway Society.

*This workshop is sponsored by the Healing Pathway Eastern Region
(HealingPathwayEast@gmail.com)*

Where Two or More Gather

Provides an opportunity to deepen the experience of healing and connecting to God's healing power through the heart centre.

Our bodies are energy. We have fields of energy around us. Emotions and even thoughts carry energy.

When energies flow smoothly, all is well.
When all is well, energies tend to flow well.

Stress, injuries, emotional wounds, and grief all impact the energy flow. Blocked energy can create pain and anxiety.

Everyone has the capacity to work with their own energy, and with other people's energy, to help it flow, to help in our healing

We can learn to tap into divine or universal energy and use it to heal. We can learn to be more connected to Universal energy, more grounded, more centred, creating more resiliency for ourselves and others.

All of this helps both in healing what already needs to heal in our bodies and helps keep us healthy, like exercise keeps us healthy.

Workshop Location

First United Church
354 Madison Avenue, Ottawa

Healing Pathway Society

is the national governing body of all Healing Pathway in Canada.

The Society oversees the Curriculum, code of ethics, and standards for all Healing Pathway practitioners and instructors.



Visit: healingpathway.ca

Contact: healingpathwaycanada@gmail.com

HEALING PATHWAY 2025

Phase 2 Where Two or More Gather

Friday, October 17, 9:00 am – 5:30 pm
Saturday, October 18, 9:00 am – 5:30 pm



**at First United Church
354 Madison Avenue
Ottawa**

**Healing Pathway
Eastern Region**

About the workshop

Join us in a safe, quiet place as you learn about and explore energy in new ways. Leave feeling empowered to support yourself and others in the challenges of everyday life.

In this workshop you will experience techniques both for working with others and for self-care that focus on heart centred energy healing as a spiritual practice.

This experiential workshop includes:

- ✕ Learning about the surface anatomy of the neck and back
- ✕ Exploring the body, mind and soul connections to the back and the neck
- ✕ Deepening assessment
- ✕ Learning and practising specific techniques & healing sequences for neck, back & head.
- ✕ Learning and practising the Sacred Cross technique
- ✕ Learning and practising the basics of group healing
- ✕ Discussing the practitioner's self-care and growth towards wholeness and deepening the awareness of holding a higher vibration
- ✕ Reviewing and discussing the Code of Ethics

What past participants shared:

"Healing Pathway is a spiritual practice . . . a healing balm in my life."

"I am connected in body, mind & spirit."

"I know what it is to be fully present to the moment, others & universal power."

Instructors

Come, be inspired, and immerse yourself in a workshop course with two experienced, heart centered facilitators, Barb Loynes and Howard Clark. Together they offer years of wisdom and healing experience. Share in their passion for this transformative practice.

Barb Loynes

took her first Healing Pathway course in 2011 and completed the last one in 2016. For many years she was a practitioner at Glencairn United Church, before her move to Perth in 2017 and her subsequent move to become a Healing Pathway instructor. Healing Pathway enriches her life as she offers this heart centred ministry to others

Howard Clark

A retired U.C. Minister, whose intentional journey with Christ-centred healing began over 50 years ago. He finds a real congruence with the Healing Pathway program, to which he has been committed for the past 20 years. It is a prayerful gift in line with the oldest traditions of Christian healing. He is active in the Healing Pathway practice at First United Church, Ottawa.

Registration Information:

Name: _____

Email: _____

Phone: _____

- Fees ☐ Early bird - \$250 by Sept 19th
☐ Full fee - \$300 after Sept 19th
☐ Repeater fee - \$150

You may register by paying a deposit of \$100.

Full fees and registrations must be received by October 3rd, 2025

Completion of Phase I is required to take this workshop.

PAYMENT (deposit or full amount)

Cheque made payable to:

Healing Pathway Eastern Region

Mail registration and payment to:

Healing Pathway
1081 Ambleside Drive Unit 611
Ottawa, ON, K2B 8C8

OR Register by email at,
HealingPathwayEast@gmail.com
and eTransfer to the same email.

Food Snacks, water, coffee and tea will be provided. If you have special dietary needs, please let us know or bring food for yourself. Please bring your own lunch. Lunch is not provided.

Clothing Please dress in comfortable clothes and shoes.

What to bring Bring a pillow and a blanket.