

**Phase 1
Introduction to the Healing
Pathway**

To register email:

healingpathway@jamesbayunited.com

and a link to our online registrations will be sent to you.

Fees:

Early Bird before Sept. 30th - \$225.00

Sept. 30th or later - \$275.00

Repeater - \$150.00

Workbook is included.

Text: sometimes available on Amazon.ca to purchase:

“Healing From the Heart”

By: Rochelle Graham

Payment Options:

E-transfer or Cheque

Inquiries: Jackie Cox-Ziegler

healingpathway@jamesbayunited.com

Food

Beverages & snacks will be provided. Please bring your own if you have special dietary needs. We will have Dairy Free & Gluten free options.

You may want to bring a bag lunch on Friday and Saturday or shop for lunch locally-Red Barn, Good Earth, Real Thai

Clothing...

This is a hands-on, experiential workshop. Please dress comfortably in loose, layered clothing.

We recommend warm socks and a sweater or sweatshirt.

Please bring...

A blanket, hand towel & water bottle.

Healing Pathway is a program to help people develop the gifts and skills of energy-based healing within the Christian tradition, and to foster the development of healing ministries within faith communities.

The Healing Pathway Program is overseen by the United Church of Canada. www.healingpathway.ca

**James Bay United
Church
Healing Pathway
Phase I Workshop
Introduction to the
Healing Pathway**



November 27-28, 2026

Friday: 8:30 - 5:00 pm

Saturday: 9:00 - 5:00 pm

**James Bay United Church
Healing Pathway Ministry
Attn: Jackie Cox-Ziegler
511 Michigan Street
Victoria, BC V8V 1S1**

Jannice Foreman

Jannice is a retired teacher who has been involved in the Healing Pathway since 2004, an instructor since 2016 and currently serves as a member of the Coordinating Circle. She was involved in the formation of Victoria Healing Pathway creating support for the broader Pathway community.

Pathway work is an integral part of her life, and she has a profound sense of gratitude for how it has impacted her life and those around her. Jannice is a member of the Healing Pathway Ministry at James Bay United Church in Victoria.

Deb Firus

Deb started in the Healing Pathway in 2000. She is a Phase 1, 2, 3 Instructor. She is also in training for Phase 4. Her home is in Saskatoon and she believes that life is about balance in all aspects of our lives. As we change ourselves, we change the world. Through the Healing Pathway Program, we can create an environment of wholeness and spirituality that radiates in our homes, congregations, communities and the world.

Healing Pathway Phase 1

Phase 1 is an introduction to the basic concepts of healing hands within the Christian tradition, with an emphasis on learning to be a healing presence and instrument of God's healing power. This workshop includes the following:

Content...

- ~ Discussion of the primary basis for a healing ministry
- ~ Discussion of the traditional, scriptural, and spiritual sources of Christian centred healing
- ~ Brief introduction to the human energy system
- ~ Presentation and review of the Healing Pathway Code of Ethics, including boundaries
- ~ Discussion about the elements of self-care that support the physical, emotional, intellectual, and spiritual well-being of the practitioner
- ~ Centering and grounding through prayer and meditation as preparation for offering healing hands
- ~ Experiencing being a heart-centred instrument of healing
- ~ Description, demonstration, and practice of a Healing Sequence and specific healing techniques.
- ~ Discussion about the application of a ministry of healing within the church and community

Dates and Times:

Friday, November 27, 2026

Registration: 8:30 am

Workshop: 9:00 am – 5:00 pm

Saturday, November 28, 2026

Workshop: 9:00 am – 5:00 pm

How to Get Here:

James Bay United Church
511 Michigan Street
Victoria, B.C. V8V 1S1

Corner of Michigan and Menzies
in James Bay - Buses 2/3/5/10

Accommodation:

Billets may be available on request.

Two fully heart-centered instructors will guide and inspire you through this transformational workshop

Instructors:

Jannice Foreman
Deb Firus