Healing Pathway is an experiential spiritual and healing practice that supports well-being and resilience by promoting energetic alignment to all aspects of our being – physical, emotional, mental and spiritual. Programs are supported locally and nationally by the Healing Pathway Society.

This workshop is sponsored by the Healing Pathway Eastern Region (HealingPathwayEast@gmail.com)

Where Two or More Gather

Provides an opportunity to deepen the experience of healing and connecting to God's healing power through the heart centre.

Our bodies are energy. We have fields of energy around us. Emotions and even thoughts carry energy.

When energies flow smoothly, all is well. When all is well, energies tend to flow well.

Stress, injuries, emotional wounds, and grief all impact the energy flow. Blocked energy can create pain and anxiety.

Everyone has the capacity to work with their own energy, and with other people's energy, to help it flow, to help in our healing

We can learn to tap into divine or universal energy and use it to heal. We can learn to be more connected to Universal energy, more grounded, more centred, creating more resiliency for ourselves and others.

All of this helps both in healing what already needs to heal in our bodies and helps keep us healthy, like exercise keeps us healthy.

Workshop Location

Rideau ParkUnited Church
2203 Alta Vista Drive, Ottawa

Healing Pathway Society is the national governing body of all Healing Pathway in Canada. The Society oversees the Curriculum, code of ethics, and standards for all Healing Pathway practitioners and instructors.

Visit: healingpathway.ca
Contact: healingpathwaycanada@gmail.com

What past participants shared:

"Healing Pathway is a spiritual practice . . . a healing balm in my life."

"I am connected in body, mind & spirit."

"I know what it is to be fully present to the moment, others & universal power."

HEALING PATHWAY 2027

Phase 2 Where Two or More Gather

Friday, Feb 19, 9:00 am – 5:30 pm
Saturday, Feb 20 9:00 am – 5:30 pm

In the event that weather means the event is cancelled on this date February 26 & 27 are booked as tentative alternate dates.

at Rideau Park United Church
2203 Alta Vista Dr., Ottawa

Healing Pathway Eastern Region

About the workshop

Join us in a safe, quiet place as you learn about and explore energy in new ways. Leave feeling empowered to support yourself and others in the challenges of everyday life.

In this workshop you will experience techniques that focus on heart-centred energy healing as a spiritual practice including:

- Learning about the surface anatomy of the neck and back
- Exploring the body, mind and soul connections to the back and the neck
- Deepening assessment
- Learning and practising specific techniques & healing sequences for neck, back & head.
- Learning and practising the Sacred Cross technique
- Learning and practising the basics of group healing
- Discussing the practitioner's self-care and growth towards wholeness and deepening the awareness of holding a higher vibration
- Reviewing and discussing the Code of Ethics

Food Snacks, water, coffee and tea will be provided. If you have special dietary needs, please let us know or bring food for yourself. Please bring your own lunch. Lunch is not provided.

Clothing Please dress in comfortable clothes and shoes.

What to bring Bring a pillow and a blanket.

Instructors

Come, be inspired, and immerse yourself in a workshop course with two experienced, heart centered facilitators, Joy Judd and Howard Clark. Together they offer years of wisdom and healing experience. Share in their passion for this transformative practice.

Joy Judd – Kanata, ON

Has many years of experience in Pastoral Care ministry in the United Church and believes that Healing Pathway is an integral part of this caring ministry. For the last 15 years, Joy has been very active in the practice group at Glen Cairn UC in Kanata. She felt called to be an instructor in 2017 to help spread the healing love and light of Christ. Joy delights in seeing the participants' wonder as they learn more about being an instrument of divine healing grace.

Howard Clark – Ottawa, ON

A retired U.C. Minister, whose intentional journey with Christ-centred healing began over 50 years ago. He finds a real congruence with the Healing Pathway program, to which he has been committed for the past 20 years. It is a prayerful gift in line with the oldest traditions of Christian healing. He is active in the Healing Pathway practice at First United Church, Ottawa.

Ph 2 Where Two or More Gather

19 & 20 February, 2027

Registration Information:

Name: _____

Email: _____

Phone: _____

Fees

- ☐ Early bird - $250 before January 19
- ☐ Full fee - $300 after January 19
- ☐ Repeater fee - $150 ($175 after Jan 19)

You may reserve a space by paying a deposit of $75 or the full amount.

Balance of fees must be received by February 5, 2027

Completion of Phase I is required to take this workshop.

***PAYMENT** (deposit or full amount)*

Register at,

http://tiny.cc/5m6e101

and eTransfer the funds to

workshop.HPeast@gmail.com

or

Mail registration and payment to:

Healing Pathway
1081 Ambleside Drive Unit 611
Ottawa, ON, K2B 8C8

Please make cheques payable to:

Healing Pathway Eastern Region